

# Ear/Auricular Acupuncture

NICOLE HEIL, AAT

## *About*

Embark on a wellness adventure with ear acupuncture! This gentle, ancient practice targets the ear's specific points to alleviate stress, pain, and more, reflecting the body's overall health. It's a non-invasive route to balancing energy and enhancing well-being, ideal for those exploring alternative healing paths. Dive into this holistic experience and feel your body harmonize and rejuvenate!

## *Pathways to Wellness*

A Creative Directions Initiative



*Pathways to Wellness*  
Nourish your mind, body, and soul



## *Details*

- April 29, 2024
- 5:00 PM - 7:00 PM
- Creative Directions - Suite D
- For ages 12+
- \$20/person or available as a \$10 add-on to another service
- Arrive between 5:00 and 6:00 PM, as the acupuncture needs between 20 and 40 minutes of relaxation time.

